

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 00:00 on Thursday 01 Jul 2021 until 23:59 on Friday 02 Jul 2021

Forecast Issued on Wednesday 30 Jun 2021 at 16:51 by Met Office Aberdeen

**Confidence:** High for mostly settled conditions for Thursday and Friday, low confidence for extent of any showers on Friday. High confidence for a change to unsettled weather over the weekend and early next week, but low for extent of showers especially on Saturday.

**Headline for Thursday 01 Jul 2021:** Dry and mainly sunny.

### Mountain weather hazards on Thursday 01 Jul 2021

**Blizzards**

No Likelihood

**Gales**

No Likelihood

**Thunderstorms**

No Likelihood

**Heavy Snow**

No Likelihood

**Severe chill effect**

No Likelihood

**Heavy persistent rain**

No Likelihood

**Storm force winds**

No Likelihood

**Poor visibility**

No Likelihood

**Strong sunlight**

High Likelihood

### Weather and chance of precipitation at 800m

| Time                                                                                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                       |                                                                                       |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 00:00                                                                               | 03:00                                                                               | 06:00                                                                               | 09:00                                                                               | 12:00                                                                               | 15:00                                                                                 | 18:00                                                                                 | 21:00                                                                                 |
|  |  |  |  |  |  |  |  |
| Clear night                                                                         | Sunny                                                                               | Sunny intervals                                                                     | Sunny                                                                               | Sunny                                                                               | Sunny                                                                                 | Sunny                                                                                 | Clear night                                                                           |
| Precipitation probability                                                           |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                       |                                                                                       |
| 00%                                                                                 | 00%                                                                                 | 00%                                                                                 | 00%                                                                                 | 00%                                                                                 | 00%                                                                                   | 00%                                                                                   | 00%                                                                                   |

### Forecast for Thursday 01 Jul 2021

**Weather:** All ranges will have a dry day with plenty of sunshine. Some high cloud around at times.

**Chance of cloud free mountain/hill tops above 800m:** 90%

**Visibility:** Some patchy low cloud down to 300 metres possible across the far northeast at first, otherwise very good visibility and air clarity. Summits remaining clear of cloud.

**Forecast for Thursday 01 Jul 2021**

| Height (m) | Wind Speed mean/gusts (mph) |          |        |        |        | Wind Direction (blowing from) |         |        |        |
|------------|-----------------------------|----------|--------|--------|--------|-------------------------------|---------|--------|--------|
|            | 00:00                       | 03:00    | 06:00  | 09:00  | 12:00  | 15:00                         | 18:00   | 21:00  | 00:00  |
| 1000       | 13/17 E                     | 11/15 E  | 9/13 E | 9/13 E | 7/11 E | 5/9 E                         | 7/11 NE | 8/12 E | 9/13 E |
| 900        | 13/17 E                     | 12/16 E  | 9/13 E | 9/13 E | 7/11 E | 5/9 E                         | 7/12 NE | 8/12 E | 9/13 E |
| 600        | 10/14 E                     | 10/13 SE | 6/10 E | 8/12 E | 6/11 E | 5/9 E                         | 6/10 N  | 7/11 E | 8/12 E |
| 300        | 8/13 E                      | 6/10 E   | 6/12 E | 5/10 E | 5/9 E  | 4/9 E                         | 4/9 N   | 6/10 E | 6/10 E |
| Glen       | 10/13 E                     | 8/10 E   | 5/8 E  | 3/6 E  | 4/7 S  | 7/11 W                        | 4/7 SW  | 5/7 NE | 7/9 E  |

| Height (m)      | Temperature / Feels Like (°C) |       |       |       |       |       |       |       |       |
|-----------------|-------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|
|                 | 00:00                         | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| 1000            | 9/6                           | 8/6   | 9/7   | 9/6   | 11/10 | 13/12 | 12/11 | 10/8  | 8/6   |
| 900             | 9/7                           | 9/6   | 9/7   | 9/7   | 12/10 | 14/13 | 13/12 | 10/9  | 9/6   |
| 600             | 12/9                          | 11/8  | 11/10 | 12/11 | 15/13 | 16/15 | 15/14 | 13/11 | 11/9  |
| 300             | 10/8                          | 9/8   | 10/9  | 15/14 | 18/17 | 19/18 | 18/17 | 13/12 | 10/9  |
| Glen            | 14/12                         | 13/11 | 14/13 | 18/17 | 20/19 | 20/18 | 19/18 | 16/15 | 14/13 |
| Freezing Level* | 3200m                         | 2900m | 2400m | 1800m | 1800m | 1900m | 2000m | 2100m | 2100m |

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Met Office Aberdeen Meteorologist's View**

Be prepared for sunburn and dehydration on long hikes.

**Forecast for Friday 02 Jul 2021**

**Weather:** Chance of some thin low cloud across the northeast at first, this soon burning off. Otherwise a mainly dry day with some good spells of sunshine. Small chance of an isolated afternoon shower in the south.

**Maximum wind:** Southerly 15 mph

**Chance of cloud free mountain/hill tops above 800m:** 80%

**Visibility:** Generally good, little in the way of cloud on the Munros, although some haziness in the air

**Temperature:** **Glens:** Plus 4 rising to 22 Celsius  
**At 800m:** Plus 12 Celsius  
**Freezing level:** Above summits